



# **LEADERSHIP DEVELOPMENT – MAINTAINING PEAK PERFORMANCE**

**L-Squared Integration**

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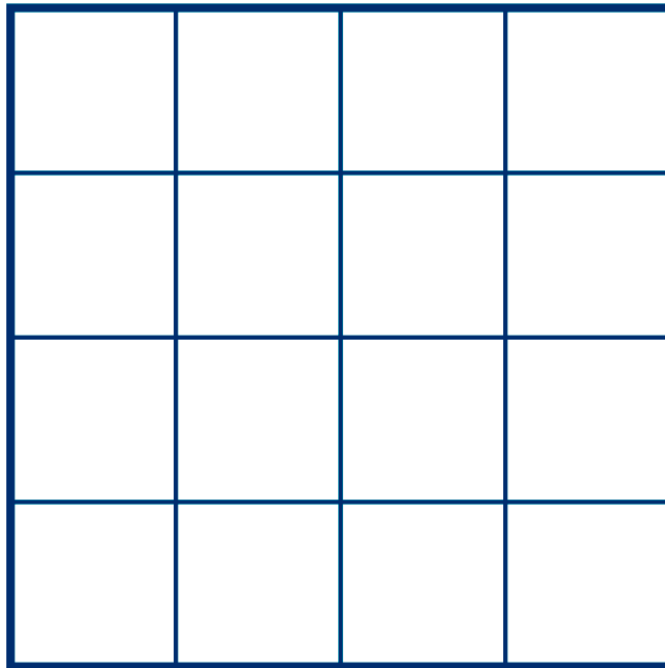

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how many  
**squares**  
do you see?



*You Can't Do The Same Old Thing, And  
Expect To Get Different Results...*

LEADERSHIP TRAITS	BORN OR DEVELOPED	STRENGTH OR WEAKNESS
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Of the above traits, place an asterisk on the one you want to work on for the next 30 days. Pick one that will make you more valuable to your company and the people you work with. *Solicit co-workers feedback if appropriate.*

**FORMULA FOR SUCCESS: A (S & K) + G = PBC ➡ IR**

A Attitudes (Habits of Thought)

S Skills

K Knowledge

G Goal Achievement

PBC Positive Behavior Change

IR Improved Results

**ATTITUDE** is the most critical component to behavior change and goal achievement; yet the most overlooked. Fully understanding and properly developing our own attitudes and that of others is the most effective way to have lasting **SUCCESS**.

Attitudes I Need to Change:

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**The unique PROCESS recommended by Resource Associates Corporation and L-Squared Integration**

- Examines and addresses **ATTITUDES** (Habits of Thought)...
- Combined with proper **SKILLS** and **KNOWLEDGE** development...
- And effective learning modalities – **SPACED REPETITION** and **INSPIRATION**...
- Combined with **GOAL ACHIEVEMENT**...
- To get **POSITIVE BEHAVIOR CHANGE**...
- And better **PERFORMANCE**...
- That leads to **IMPROVED RESULTS** both for you personally and your organization.

**PERFORMANCE FORMULA:  $P = p - o$**

P = Performance  
p = Potential  
o = Obstacles

**What OBSTACLES limit your PERFORMANCE? List them.**

Internal Obstacles: (ie: attitudes/fears)

External Obstacles: (i.e. environment/skills)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**What are possible SOLUTIONS to each of the above OBSTACLES?**

Possible Obstacle: \_\_\_\_\_

Possible Solutions: \_\_\_\_\_

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Possible Obstacle: \_\_\_\_\_

Possible Solutions: \_\_\_\_\_

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Possible Obstacle: \_\_\_\_\_

Possible Solutions: \_\_\_\_\_

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**I want to challenge you. I want to challenge you to do something different with the information that we talked about today. So, what are you going to do? How can you apply the concepts? Write your answers to these questions in the space provided below:**

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**NOTES:**

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